

Temperance

2 Peter 1:6

I. What is Temperance?

A. Definition

1. Temperance – *“self-control, the virtue of one who masters his desires and passions, especially his sensual appetites”* Thayer
2. *“moderation, self-control in the use of lawful things. Knowledge discovers the existence of things, and temperance determines the proper use of them.”* - Brethren NT Commentary

B. NT Usage

1. Found three times in the NT - 2 Pet. 1:6; Gal. 5:23; Acts 24:25

II. Temperance Exemplified

- A. Joseph – Gen. 39:7-10
- B. Daniel – Dan. 1:8
- C. Jesus – Mt. 4:2

III. Changing – Becoming Temperate

- A. Sinner – Rom. 3:23; Gal. 3:22
- B. A New Creature – 2 Cor. 5:17; Eph. 2:11-17
- C. The Spirit Filled Word – Rom. 8:9; Gal. 5:16, 25; Ps. 119:11; Eph. 3:16-17

IV. Importance of Temperance

- A. A Habit of Holiness – 2 Pet. 1:6
- B. A Foundation of Faith – Acts 24:24-25
- C. A Fruit of the Spirit – Gal. 5:22-23
- D. A Discipline – 1 Cor. 9:25

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